



# Creighton School Division No. 111

**Policy Name:** Nutrition  
**Policy Type:** Students  
Number: 221  
Date Approved: May 21, 2014  
Legal Reference:

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The Board of Education believes that a comprehensive school community health approach, healthy eating, and proper nutrition can help students attain their full academic potential, full physical and mental growth, and life-long health and well-being. This will be a shared process of change with schools, home, and community. Health and education are interdependent as healthy students are better learners. This policy complements the Ministry of Education's learning objectives and guidelines.

## **Guidelines**

1. The Board believes that nutrition education must be linked to instruction and curriculum.
2. The Board believes that a healthy lifestyle, which includes eating foods with a maximum nutritional value, should be promoted and role modeled in all schools.
3. The Board is committed to collaborating with all stakeholders to promote healthy eating, nutrition awareness, and access to nutritious foods.
4. The Board supports a comprehensive school health program, including Teaching and Learning, a Healthy Physical Environment, Supportive Social Environments and Community Engagement and Partnerships.

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Number:                8210

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## **ADMINISTRATIVE PROCEDURES**

1.      Creighton Community School will ensure that nutritious foods will be available and promoted whenever and wherever food is offered or served including school breakfasts, snack and lunch programs, school canteens, cafeterias, vending machines, fundraising, field trips, sporting events, classroom celebrations, and with vendors and caterers.
2.      Vending machines will provide healthy and nutritious food choices.
3.      Nutritious foods will be reasonably priced and appropriately promoted.
4.      Creighton Community School will work towards creating an eating environment that is clean and safe and includes supervision, adequate space, and time to eat.
5.      School administrators, teachers, support staff, School Community Councils, and community partners will promote and model the consumption of nutritious food choices.
6.      Creighton Community School will promote their nutrition policy and develop procedures to inform students, staff, and community how it applies. The Division will offer guidance and review of school nutrition policies.
7.      Creighton Community School will adhere to Public Health Food Safety standards.